

# Nutritional Facts

## Mints

Serving Size 1 mint

Amount Per Serving

**Calories 1**

% Daily Values\*

**Total Fat 0g** 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol 0mg** 0%

**Sodium 0mg** 0%

**Total Carbohydrate 0.3g** 1%

Dietary Fiber 0g 0%

Sugars 2g

**Protein 0g** 0%

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

\*Percent Daily Values are based on  
a 2,000 calorie diet.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

## Supplement Facts

### Gel Caps

Serving Size: 1 gel cap

Amount Per Serving

**Organic Sunflower Oil 132.4 mg**

**Organic Peppermint Oil 40 mg**

**Parsley Oil 32 mg**

**Ginger Oil 10 mg**

**Fumed Silica Dioxide 4.4 mg**