

# Nutrition Facts - Mints

Serving size: 1 mint

Servings per container: 10

Amount per serving

<b>Calories</b>	1
Calories from fat	0
	% Daily Value*
<b>Total Carbohydrate</b> 0.4g	<1%
Dietary Fiber 0 g	0%
Sugars 0.4g	

Not a significant source of fat, saturated fat, trans fat, cholesterol, sodium, protein, Vitamin A, Vitamin C, Calcium or Iron

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

## Gel Caps

### Supplement Facts

Serving size: 1 gel cap. Servings per container: 10. Amount per serving:  
Sunflower Oil\* 132 mg, Peppermint Oil\* 40 mg, Parsley Oil 32 mg

\*Organic

MINT INGREDIENTS: SUGAR, NATURAL PEPPERMINT FLAVOR, NATURAL MENTHOL FLAVOR, STEARIC ACID, MAGNESIUM STEARATE.

GEL CAP OTHER INGREDIENTS: PURIFIED WATER, STARCH, GLYCERIN, VEGAN GEL CAP